

Mozzarella Chicken Breast

Ingredients

4-6 boneless skinless chicken breasts
1 jar of ready made spaghetti sauce or home made
4-5 tablespoons of finally chopped fresh oregano
pepper to taste
¼ lb of grated low fat mozzarella cheese

Preparation

Rinse chicken breast
sprinkle with pepper and chopped oregano
top with the spaghetti sauce
sprinkle on the spaghetti sauce the Mozzarella cheese

Bake in preheated oven 325 degrees for about 15-20 min.

Serve with a salad or pasta or of your choice