

Beets in Honey and Orange Juice

Ingredients

2-3 med fresh beets
3-4 fresh oranges
3-4 tablespoons honey
salt
generous portion of pepper

Preparation

Peel beets , grate on the large holes
Squeeze out the orange juice , add to the beets
the honey , salt and pepper , mix well.
Bring to a boil, then cover and cook for about 1 to 1 ½ hours
until all the juice is absorbed.